

FEEL ALWAYS
LIKE AT HOME.
FEEL ALWAYS
GOOD.

mikomax
smart office.



YOUR HAVEN IN THE OFFICE



YOUR OFFICE AT HOME

INSPIRE YOURSELF



YOUR HOME START-UP



YOUR FAMILY DESK

WHAT MAKES YOU FEEL GOOD WHILE WORKING?

"I can stop for a moment, to gather my thoughts about a difficult task in pleasant surroundings."



"I could match my workplace to the design of my flat. I like the stylistics, and I feel good there."



"I can finally work in a more comfortable and healthy position. No more back pain after a long day of work."



"Our desk can be adjusted to suit each family member, and its original design suits our taste."



OUR HAVEN IN THE OFFICE



*A BPO
company.*

A company hires about 90 employees for their project departments. Their daily duties involve significant responsibilities and stressful interactions with demanding customers. The management board, with the employees health and well-being at heart, commissioned a modern Smart Office. Upholstered elements are introduced, along with ergonomic and acoustic solutions as well as zones dedicated to various types of professional tasks, in vivid colours.



Case study:

**HOMELIKE
SPACES IN
THE OFFICE**



**“A good place
to work”**

In order to ensure a friendly working space conducive to concentration, we have arranged comfortable and home-study zones. The architects chose the NEST desk, designed to boost work ergonomics, as well as soft fabrics and plants. All this is to ensure that the employees can gather their thoughts and to create conditions conducive to focusing on demanding tasks. The initial four such zones proved so popular that the company decided to create another four.

YOUR HAVEN IN THE OFFICE



1. Plants and colourful rugs can make the office space feel more like home.
2. Choose ergonomic armchairs and the health of your employees (Aeris: 3Dee, Muvman).

3. Provide zones in the office conducive to head-down work.
4. A working desk that does not require electricity in the sit&stand mode.

MY HOME OFFICE



MAREK

*An IT specialist,
works from home.
His wife Jola
and son Marcel.*



Marek, a programmer, has just moved with his family to a larger flat in Poznań. However, a small baby crawling around the home is quite a handful for a parent who needs to do some head-down work. Working in an armchair with a laptop or lying down on the carpet was no longer an option. Since both he and his wife like modern styles on the minimalistic side, one of the first pieces of furniture for their new flat was an anthracite NEST.



“My place”



Case study:

**STYLISH
MODERN
EXPRESSIVE**

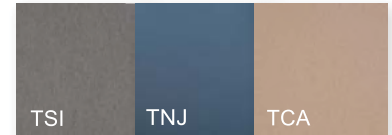


The simple, minimalistic design of NEST reflects the tastes of young parents while remaining a functional working element. Marek and Jola chose NEST in anthracite, with wooden legs and a dark grey upholstery. Marek prefers to sit while working, but when Marcel appears he appreciates the stand-up mode.

YOUR OFFICE AT HOME



1



3



4



1. Match the look of your desk to your interior design (natural MDN veneer).
2. NEST with its adjustable top can help take care of your spine even while working at home.
3. Choose an ergonomic seat. Health is paramount (Aeris: Swopper).
4. A comfortable armchair with a footrest is an excellent place to relax during breaks (Chillout high armchair, Chillout pouffe).

YOUR HOME START-UP



JUSTYNA

A fashion designer, working from home.

This youth fashion designer, Justyna Gdańska, likes bright rooms and Scandinavian style. She has arranged her first flat in a simple yet elegant style. She runs her company from home, which is why she needed a comfortable place to work. Sitting on a sofa and leaning over a coffee table causes back pain. Moving the laptop between the kitchen and the living room was troublesome and working in bed made her feel sleepy. She was looking for a suitable desk that would match her interior design and, at the same time, provide comfortable working conditions for a long time.



Case study:

**ORIGINAL
COMFORTABLE
UNIVERSAL**

"It's so uncomfortable for me to work on the sofa."

Justyna was charmed by NEST, which was perfect for her flat, expressing her own style. She chose NEST in a white finish with wooden legs and grey upholstery. Justyna most likes the possibility to work standing up or sitting on the hoker chair that adjusts to the height of the top.



YOUR START UP AT HOME



1. Natural wood, felt upholstery, greenery and wall decorations - in a pleasant environment work can be more comfortable.
2. It is worth taking care of your health also at home by choosing ergonomic solutions (NEST, Aeris: Muvman).
3. Comfortable sofas and armchairs are the perfect compromise between the arrangement of space to work and the preservation of its home character.

OUR FAMILY DESK



NEST
movie



*Anna,
Wojciech,
Kamil
i Kuba.*

The whole family shares the study and appreciates the NEST desk's adjustable top, which enables them to change the height to suit everyone. Ania also reminds them to take breaks from sitting and work in the standing-up position from time to time, which is healthy for their backs. After moving to their new home each son will have their own NEST desk.

Case study:

HEALTHY
STYLISH
COMFORTABLE



Wojtek and Ania live with their children in a three-room flat in the centre of Wrocław, but they have purchased a plot to build their own house. Wojtek has flexible working hours and Ania occasionally does some freelance work from home, at the same time taking care of little Kuba. Their oldest son, Kamil, studies at the university of technology and works part time as a web designer.

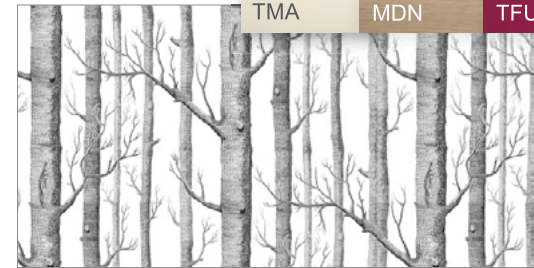


**"A perfect desk
for all of us."**

YOUR FAMILY DESK



1



2

3



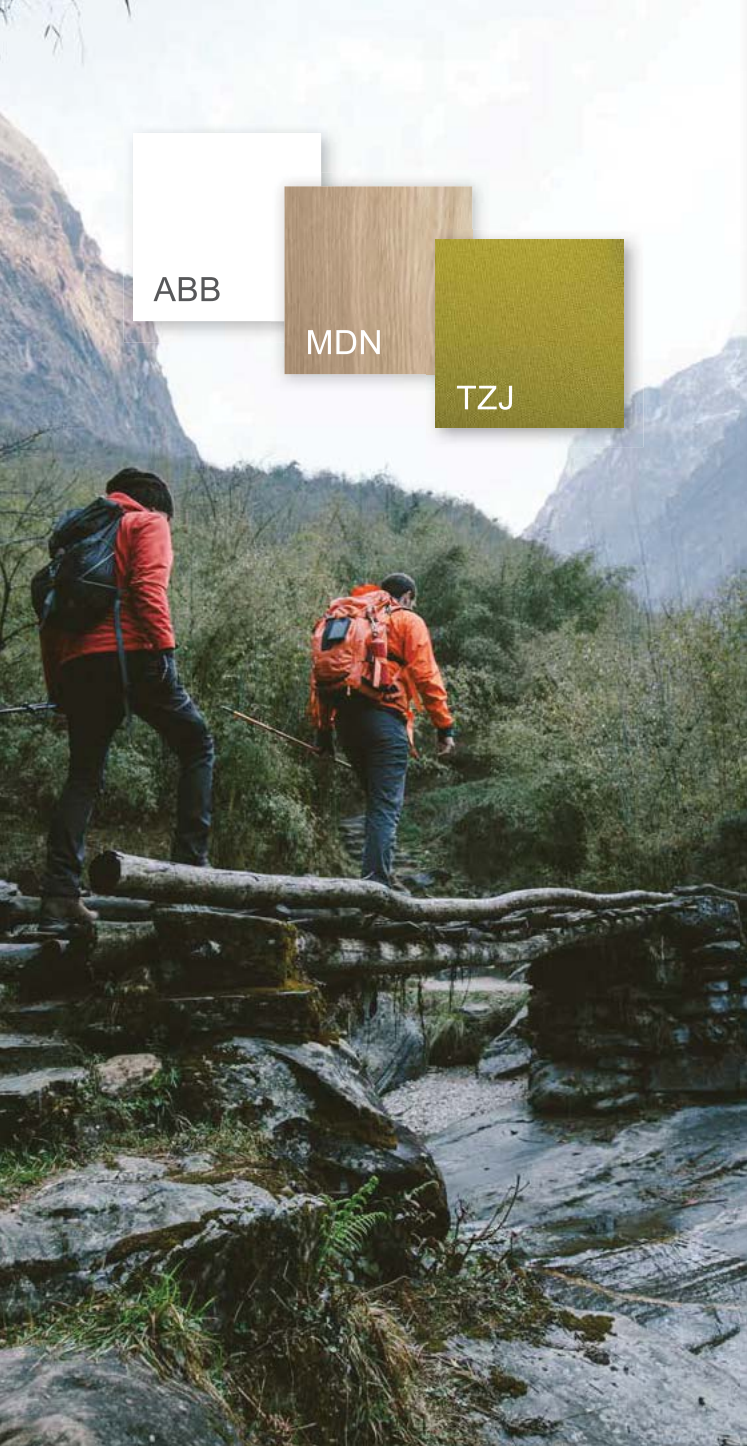
4

1. Match the colors of your desk to your own preferences and style of your home.
2. Cork boards have been helping to organize the workplace for years. How about the cork finish of the NEST desk?
3. Office sofa at home, or home sofa in the office?
4. Ensure a healthy posture and good habits in children from their youngest years by choosing an ergonomic seat (Aeris: Swopper).



WHAT IS
YOUR STYLE?





ABB

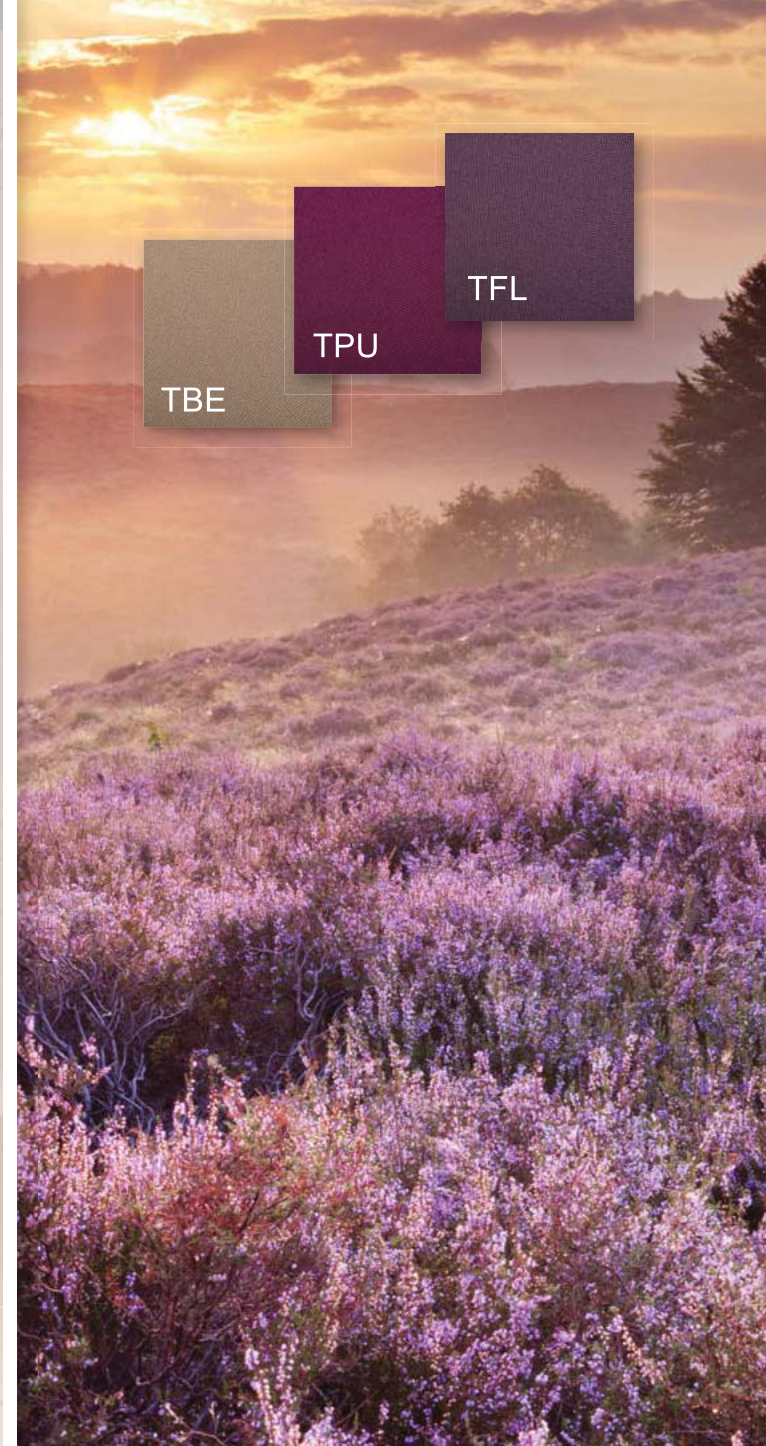
MDN

TZJ

DISCOVERING



Gathering your thoughts



TBE

TPU

TFL

JBS

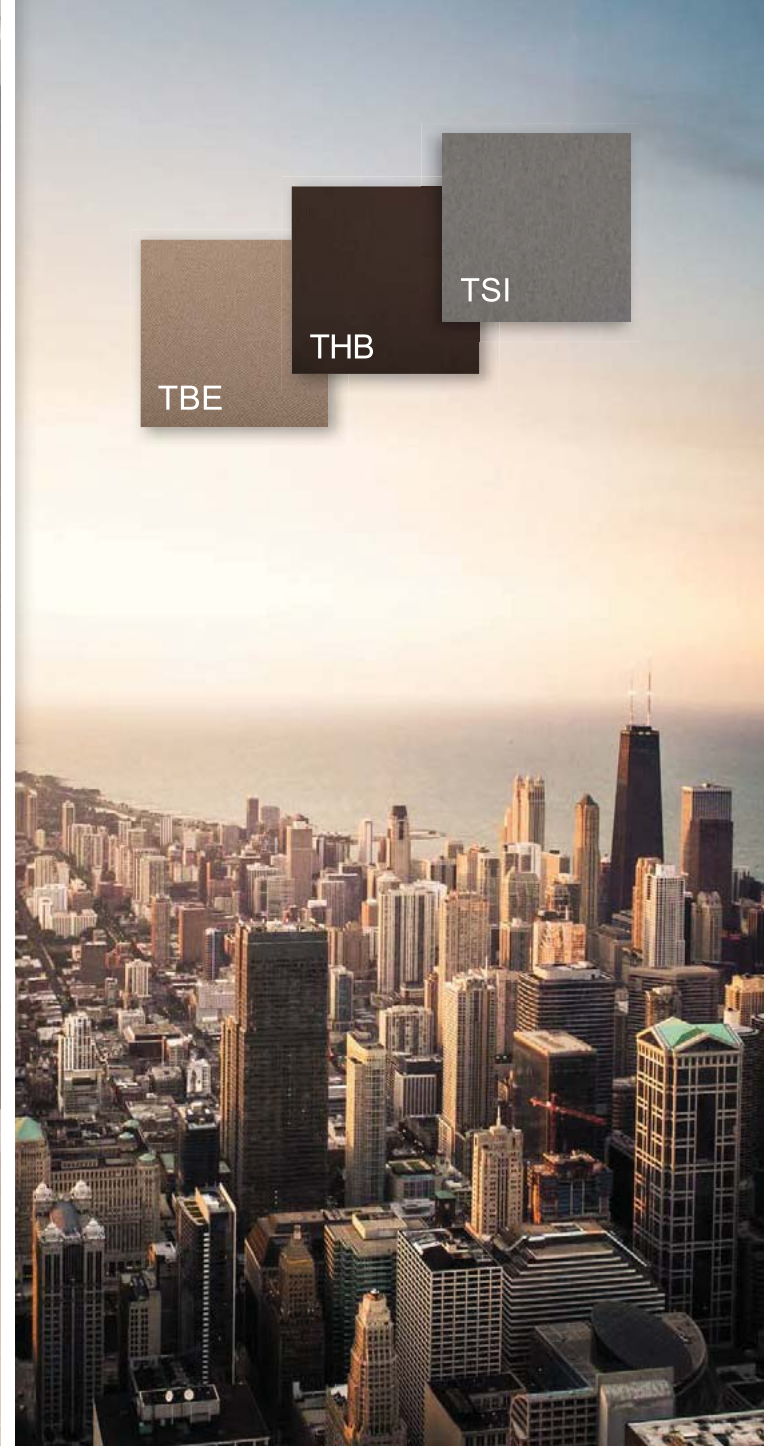
TEM

TCL

BEING ACTIVE



CONQUERING



WHY ERGONOMICS?

Maintaining a sitting position for a long time leads not only to increased back pain or degeneration of the bone system, but also increases the risk of diabetes as well as diseases of the cardiovascular and digestive systems. **Stand up!**



ERGONOMICS EQUALS HEALTH

Be active

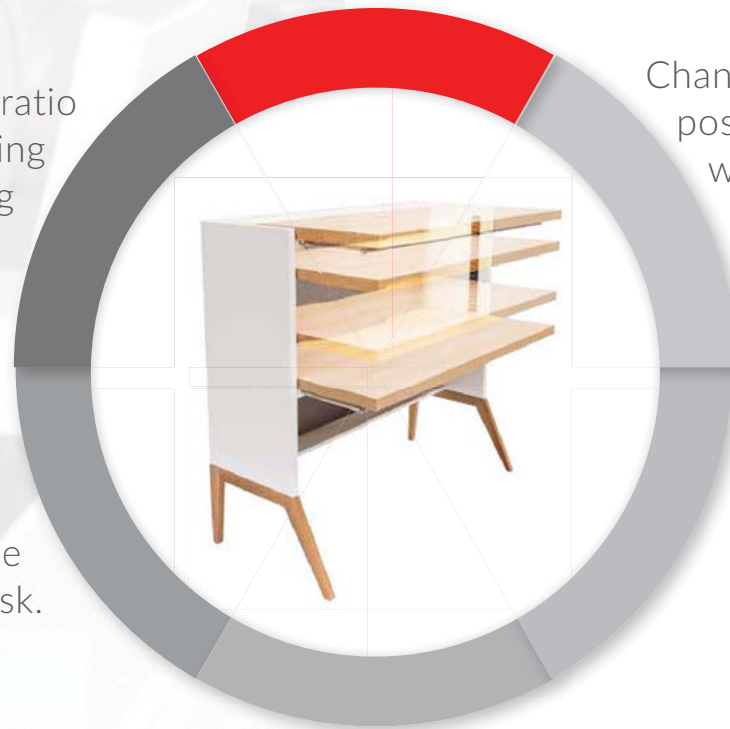
Maintain a 1:1 ratio between standing up and sitting times.

Change your position while working, from sitting to standing.

Keep your knees and arms close to your body while working at the desk.

Take breaks, move around.

Avoid lifting your arms, leaning forwards and sitting cross-legged.



CHOOSE THE MOST ERGONOMIC SOLUTION POSSIBLE

Dynamic work



Dynamic sitting



Aeris armchairs: 1. Oyo 2. Swopper 3. Muvman 4. 3Dee

YOUR ERGONOMIC SOLUTION



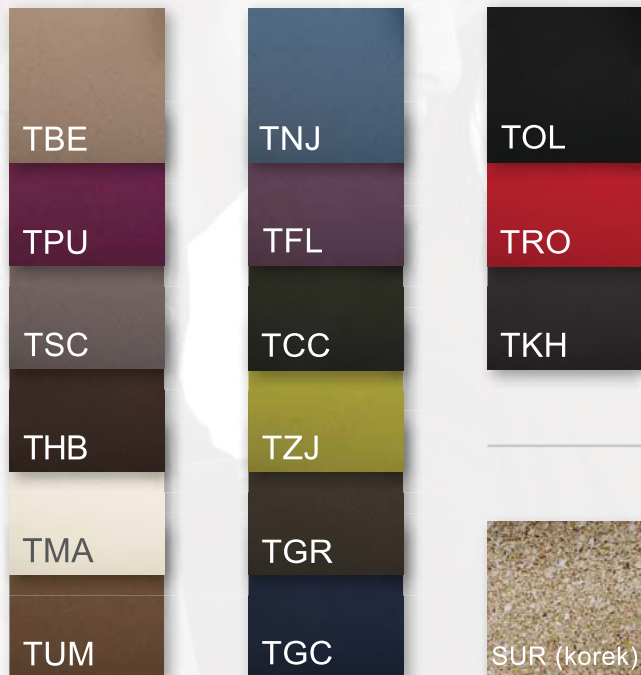
DECORS



WOOD



MURA FABRIC



WOOL FABRIC



mikomax
smart office.

Mikomax Smart Office
DOSTAWCZA 4 STR,
93-231 ŁÓDŹ



Witteveen Projectinrichting
Ouderkerk a/d Amstel
Tel: 020 - 496 5030
info@witteveen.nl
www.staand-werken.nl
www.project-inrichting.nl



NEST movie

www.mikomaxsmartoffice.pl/en/products/home-office/nest

nest@mikomax.pl

www.mikomaxsmartoffice.pl