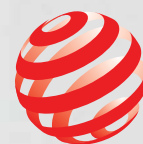


**mikomax**  
smart office.

Stand Up

## Who are we?

Mikomax Smart Office is an expert in designing offices, combining its expertise in office furniture production with its own concept of implementing it within a modern office environment.



reddot award 2017  
best of the best



# Stand Up R

GROUNDBREAKING DESIGN  
INNOVATIVE SIT&STAND  
UNPLUGGED



reddot award 2017  
best of the best

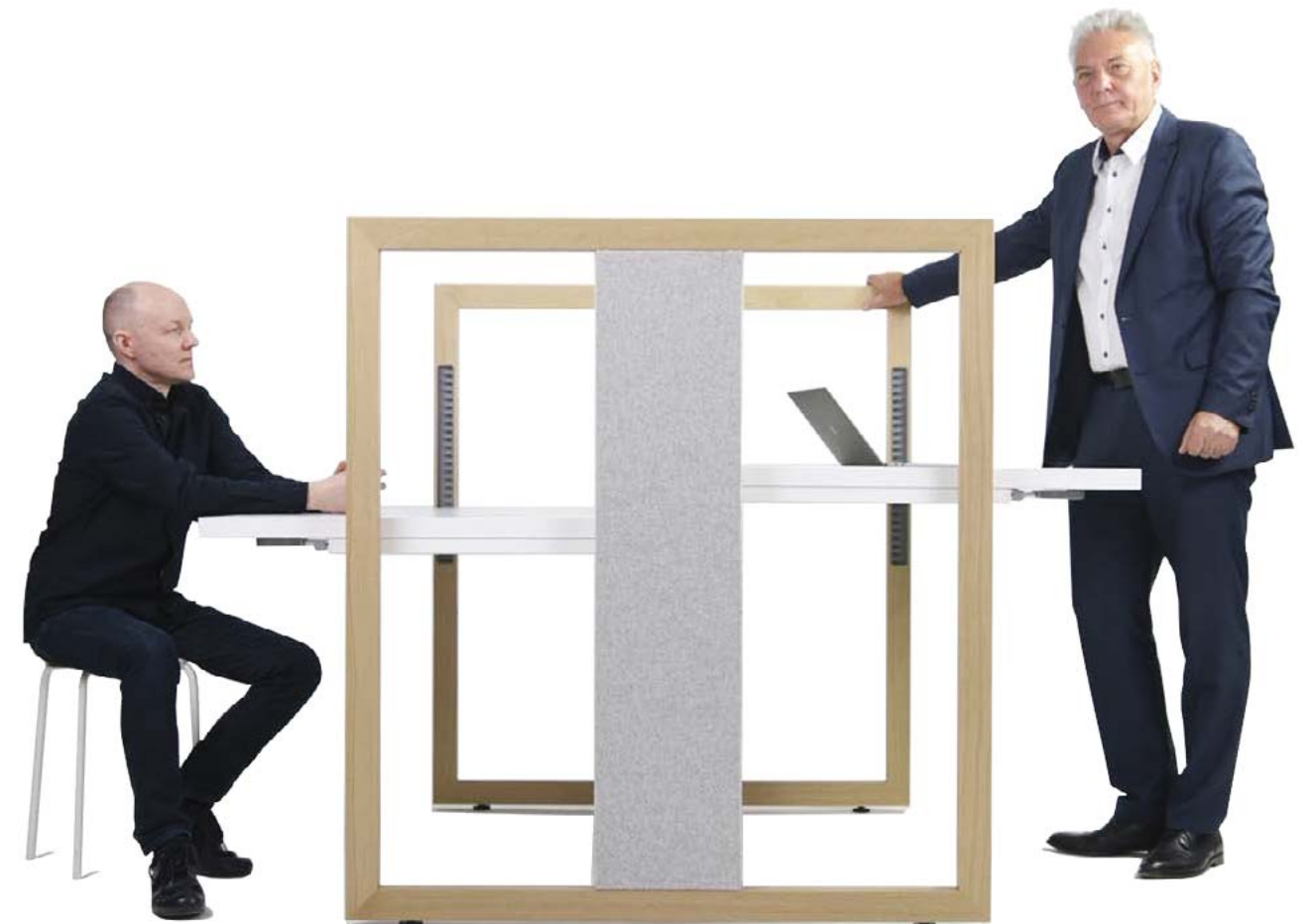
The International Red Dot Jury appreciated the original design of Stand Up and awarded it the highest accolade - The Red Dot Award: Product Design 2017: Best of the Best for top design quality and ground-breaking design.

We are particularly proud of this award for our innovative solution that promotes an active style of working. Its patented mechanism allows the easy and immediate change of the workstation's height, adjusting to the individual user's preference. Thus, we can change position effortlessly from sitting to standing.

We wanted the final form to be simple, neutral and identifiable by its unique design.



Stand Up R in action -  
see how you can use it!



**Tomasz  
Augustyniak**

Designer

**Janusz  
Mikołajczyk**

Concept designer,  
CEO  
Mikomax Smart Office

# Stand Up R

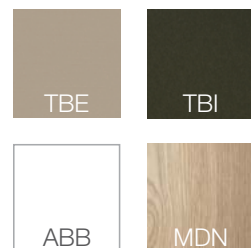
SIMPLE  
NATURAL  
UNPLUGGED



reddot award 2017  
best of the best



reddot award 2017  
best of the best



Stand Up R is the answer to health problems related to prolonged sitting at work. It is based on the patented manual height-adjustment system which allows for dynamic sit/stand working as well as for the smooth transition between different desk heights without work interruption. It supports collaborative and individual work, encouraging the adoption of ergonomic positions and work comfort.

The natural oak design fits perfectly into traditional and contemporary workplaces.

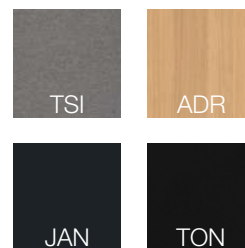
# Stand Up R

INDUSTRIAL

RAW

UNPLUGGED





Stand Up R supports ergonomic and comfortable activity. Manual height-adjustment is quick and intuitive and the freedom of desk functionality from an electrical or gas power source facilitates a flexible design and office layout. The workstation allows a user to work simultaneously on a monitor and a laptop with the option of connecting directly to the floorbox.

The design of the desk frame chimes with contemporary industrial-style offices.

# Stand Up R

COZY

FRIENDLY

UNPLUGGED





Concentration  
Zone



Cooperation  
Zone



TCA



ABB



JBS

Stand Up R meets the needs of the most demanding organisations. It provides support for individual work, perfectly integrates into co-working spaces and supports ergonomic hot desk functionality. It is a great solution to support the employee in all kinds of occupational tasks, providing comfort and convenience.

The crisp white finish of the steel frame can be used in different spaces and workplace designs.



# Stand Up

PERSONAL

FUN

UNPLUGGED





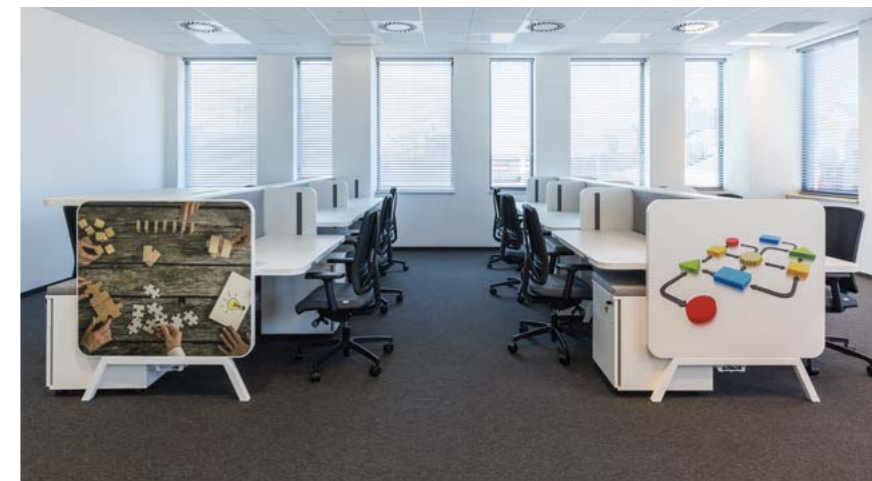
- 
**Concentration Zone**
- 
**Cooperation Zone**
- 
**Support Zone**



Wide choice of colourful trims and the possibility to print on the side panels or install upholstered covers encourages the possibility of almost unlimited personalised workstations. Functionality, ergonomics and the ability to personalise are the great advantages of this system.

Don't be afraid of colours and have fun with Stand Up!

# Stand Up projects



# Standing revolution



**79%** believe that well-being at work starts with **an ergonomically-furnished office.**<sup>1</sup>

Working in the standing position makes our heart accelerate by up to 10 beats per minute which **reduces the risk of cardiovascular disease.**<sup>2</sup>

**90% of employees** in Scandinavia have access to **sit-stand workstations.**<sup>2</sup>

Source:

1. <http://www.outsourcingportal.eu/pl/jak-rozne-pokolenia-postrzegaja-swoje-miejsce-pracy>

2. <http://hrstandard.pl/2016/01/25/rewolucja-na-stojaco/>

# Prolonged sitting

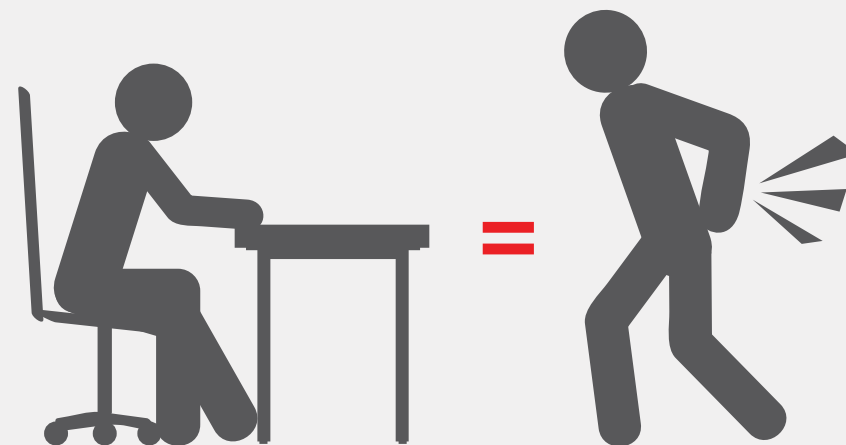
Did you know that we are active only **76 minutes** during a day?



- computer usage **1860 minutes**
- leisure time **102 minutes**
- sleeping **429 minutes**
- traveling **81 minutes**
- sitting at work **434 minutes**
- activity **76 minutes**
- watching TV **132 minutes**

# Health problems

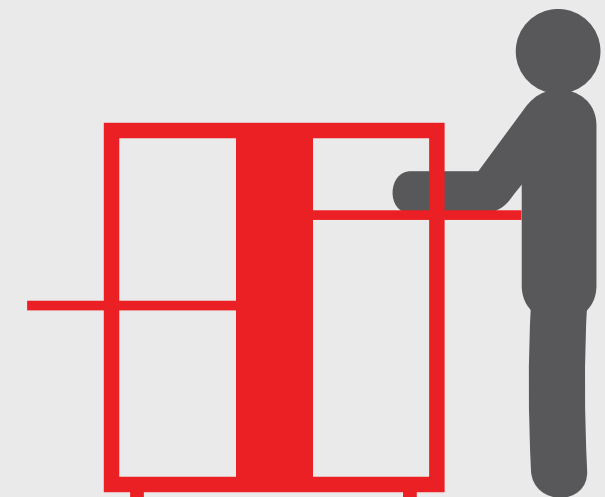
Prolonged sitting causes **many ailments.**



- strained neck
- muscle degeneration
- back pain
- poor circulation
- heart diseases
- increased risk of diabetes
- knee pains
- obesity

# Solution

**Stand Up** for your health!



- sit&stand
- go outside for a break
- instead of emailing - talk f2f
- walk & talk
- take the stairs

# Stand Up R



different kind of frame, wood or metal



cable management



height adjustability is fast and intuitive



easy access to cables and sockets



height adjustability is fast and intuitive



easy access to cables and sockets



# Stand Up



height adjustability is fast and intuitive



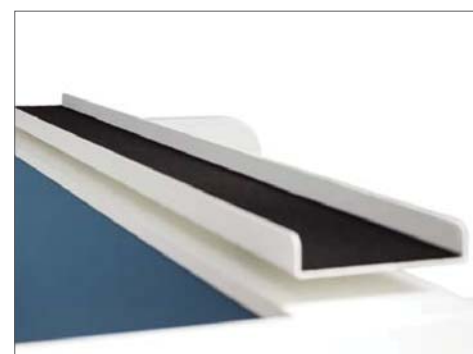
easy access to cable by user



height adjustability is fast and intuitive



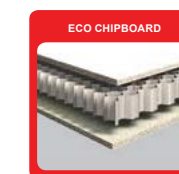
easy access to cable by user



rack for accessories



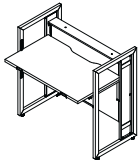
easy access to cable by user



# Product range

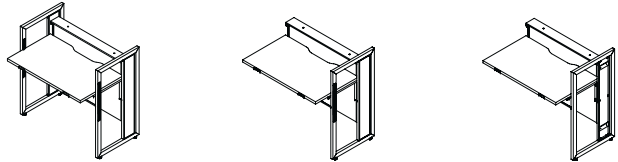
## STAND UP R

Single desk  
Basic desk element



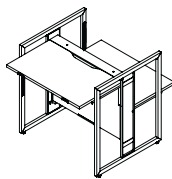
[W x D x H] 1440 x 1050 x 1325  
[W x D x H] 1440 x 1050 x 1425

Single modular desk  
Initial desk element Middle desk element Final desk element



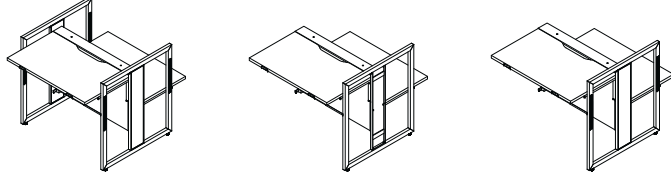
[W x D x H] 1440 x 1050 x 1325  
[W x D x H] 1440 x 1050 x 1425

Double desk  
Basic desk element



[W x D x H] 1440 x 1765 x 1325  
[W x D x H] 1440 x 1765 x 1425

Modular double desk  
Initial desk element Middle desk element Final desk element



[W x D x H] 1440 x 1765 x 1325  
[W x D x H] 1440 x 1765 x 1425

Upholstered side panels for single desks  
Narrow panel Full panel



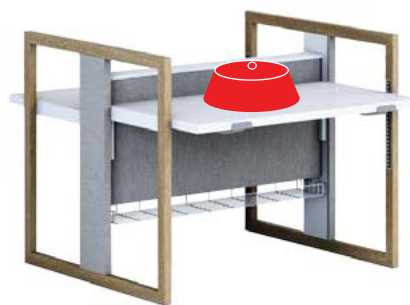
[W x D x H] 245 x 38 x 1190  
[W x D x H] 245 x 38 x 1290

Upholstered side panels for double desks  
Narrow panel Full panel



[W x D x H] 270 x 38 x 1190  
[W x D x H] 270 x 38 x 1290  
[W x D x H] 1080 x 38 x 1190  
[W x D x H] 1080 x 38 x 1290

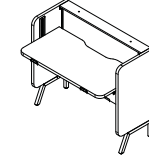
**max 100kg**



maximal load in static position

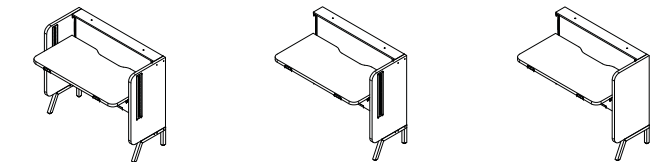
## STAND UP

Single desk  
Basic desk element



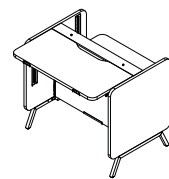
[W x D x H] 1440 x 840 x 1150  
[W x D x H] 1440 x 840 x 1250

Single modular desk  
Initial desk element Middle desk element Final desk element



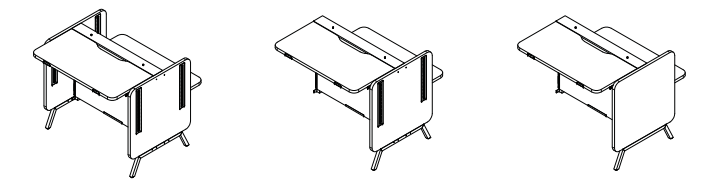
[W x D x H] 1440 x 840 x 1150  
[W x D x H] 1440 x 840 x 1250

Double desk  
Basic desk element



[W x D x H] 1440 x 1530 x 1150  
[W x D x H] 1440 x 1530 x 1250

Double modular desks  
Initial desk element Middle desk element Final desk element



[W x D x H] 1440 x 1530 x 1150  
[W x D x H] 1440 x 1530 x 1250

Cabinets



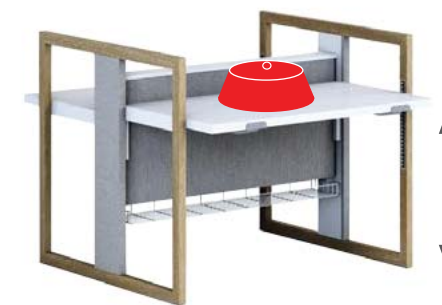
[W x D x H] 400 x 577 x 1150  
[W x D x H] 400 x 577 x 1250

Upholstered overlay



[W x D x H] 400 x 1000 x 1150  
[W x D x H] 400 x 1000 x 1250  
[W x D x H] 1037 x 46 x 937  
[W x D x H] 1037 x 46 x 1037

**max 15kg**



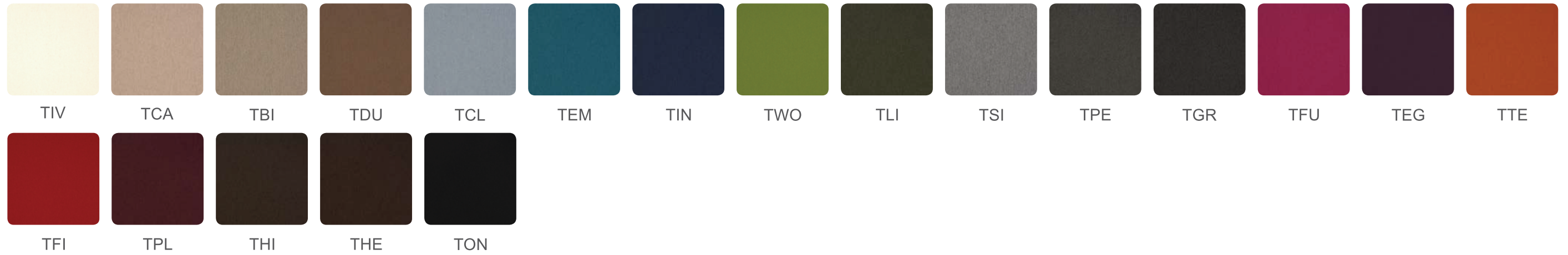
maximal load in motion



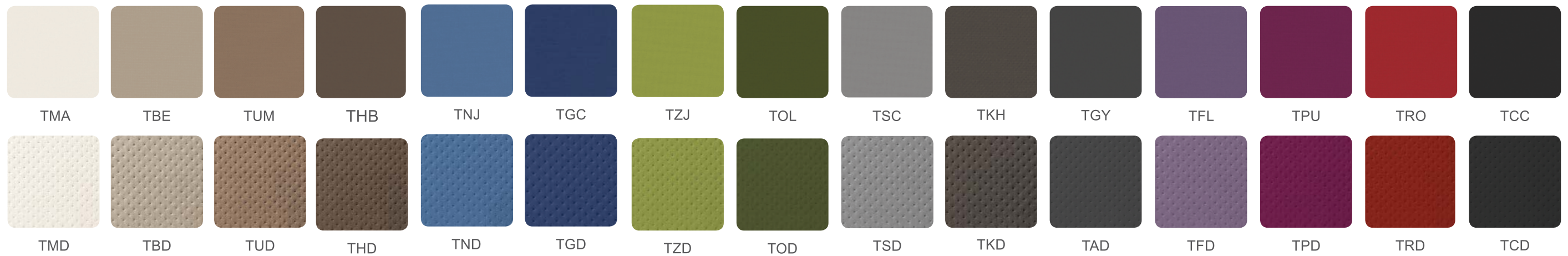
# Finishes

## Fabrics

### WOOL



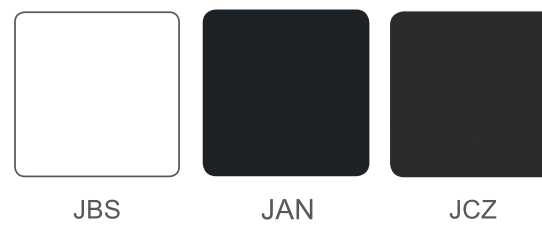
### MURA



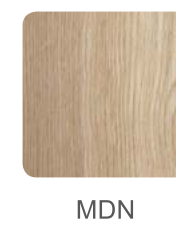
### Decors



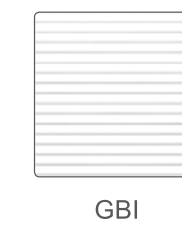
### Metal



### Wood



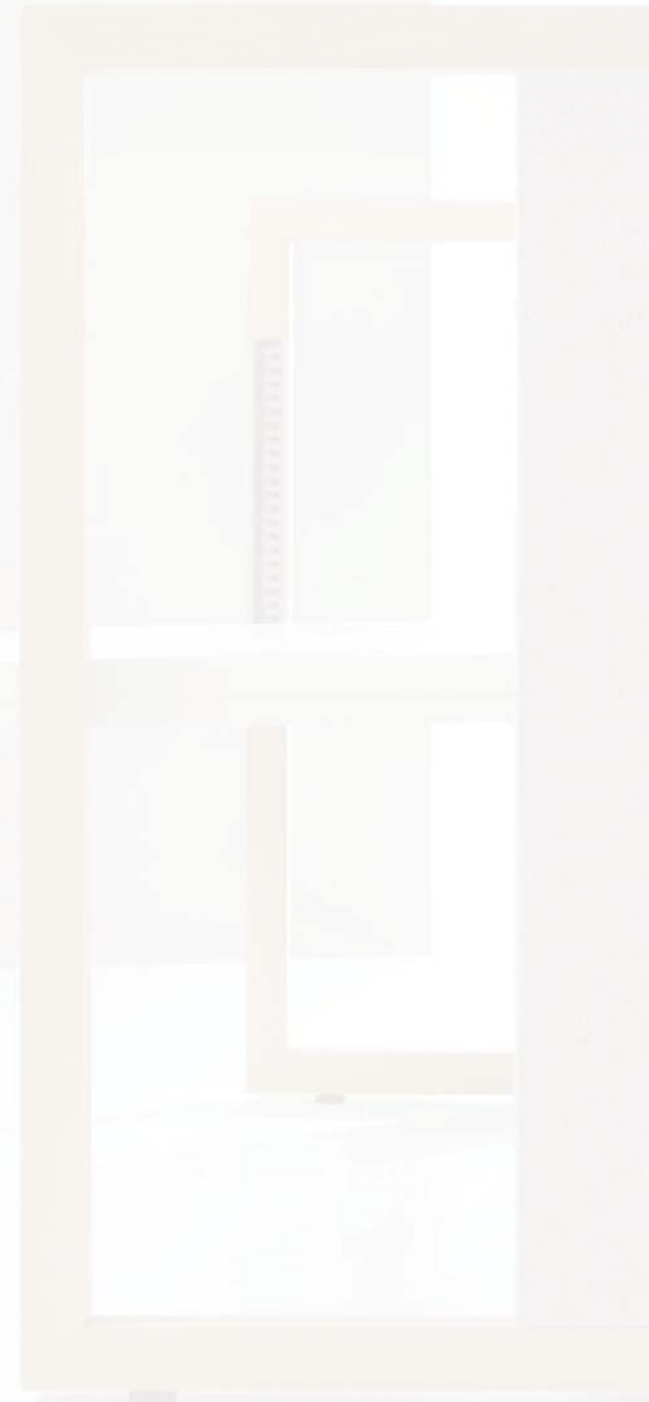
### Plastic



\* This catalog is not an offer within the meaning of the law.  
 \* System configuration according to price list.

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smart office.

How about **Stand Up**  
in your office?





# Do you want to know more?



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